

THE COOL BLOCK

TOPIC 1 - COOL LIFESTYLE



NOTE: See the detailed pre-meeting preparation and meeting facilitation script in *The Cool Block* book: “How to Facilitate the Cool Lifestyle Meeting” in Chapter 10.

	PURPOSE	TIME
1.	Inspirational start (E.g. restate team purpose and/or share a quote, poem or story)	5 minutes
2.	Share carbon footprint and carbon reduction goals	25 minutes
3.	Share action plans for this topic: Cool Lifestyle , Chapter 10 (E.g. who is going to do action #...? comments? requests/offers of support; share local resources you’re planning to use to achieve your action plan....) <i>NOTE: Ask your Team Leader if there are any special local resources the city would like high-lighted. All of your city’s local resources will become visible when your Team Leader links you into your team on the website.</i>	30 minutes
4.	Prepare team for the next topic: Cool Home and Cool Wheels , Chapter 11 <ul style="list-style-type: none"> - Read action titles out loud. - Demonstrate two actions you are planning on taking; present local resources associated with them. - Remind team members to create their action plan using the action planning tool on the Cool Block website, and bring their action plan report to the next meeting to share with the team. 	20 minutes
5.	Check in on team performance	10 minutes
6.	Set up support calls or e-mail check-ins	5 minutes
7.	Review next steps: <ul style="list-style-type: none"> - Take action on this topic and enter results at the website (find action recipes in <i>The Cool Block</i> book) - Create action plan for next topic on website, and bring to next meeting 	5 minutes
8.	Acknowledge team’s accomplishments (and perhaps a team cheer or mixer activity!)	10 minutes

Total Time: 1.5 to 2 hours